

Novel Coronavirus (2019-nCoV)

Advisory

- ✦ **A** new type of respiratory virus first identified in December 2019, Wuhan, China
- ✦ Causes infection in your **upper respiratory tract**, sinuses, throat and nose
- ✦ Exact source is unknown, however virus has some **linkage to sea-food and animal markets** suggesting likely emergence from animal source (Snakes, Bats etc)
- ✦ **Human to human transmission occurs through respiratory route** (coughing, sneezing, touching and shaking hands with infected person)
- ✦ **Cardinal symptoms & signs include:** fever, cough, difficulty in breathing, sore throat, running nose with X-ray showing bilateral pneumonia
- ✦ **Incubation Period:- 2-14 days** (period between exposure to infection and appearance of symptoms)
- ✦ **No vaccine** available as of now
- ✦ **Treatment is symptomatic and supportive.** No specific antiviral medicines available
- ✦ **Testing is mandatory** if there is recent history of travel to China/ affected countries or contact with any suspected/ lab confirmed case

Passengers coming from 2019-nCov affected countries are to be monitored by District Surveillance Unit for 28 days

PREVENTION AND PRECAUTIONS

Do's

- A) **Wash your hands** with Soap or Alcohol based sanitizers in routine & especially:
 - ✓ When caring for a sick
 - ✓ Before, during and after you prepare food
 - ✓ After handling animals or animal waste
- B) **Cover** your nose and mouth when coughing and sneezing
- C) **Wear face mask**
 - ✓ While feeling any respiratory symptoms
 - ✓ While taking care of a sick individual
- D) **Cook your meals thoroughly** especially animal products (meat, chicken and eggs)

Don't

- A) **Don't panic**
- B) **Avoid close contact** with anyone suffering from cold or flu like symptoms.
- C) **Avoid touching** eyes, nose and mouth with unwashed hands
- D) **Avoid unprotected contact** with live farm or wild animals
- E) **Avoid unnecessary visits** to crowded places like markets, hospitals etc

Remember: Corona virus spreads the same way as other cold causing viruses

STAY SAFE STAY PROTECTED

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Issued in public interest by:

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