

# GOVERNMENT MEDICAL COLLEGE RAJOURI.

## NOTICE INVITING TENDER GMCR(P) 03 OF 2021


For and on behalf of the Lt. Governor of UT of Jammu & Kashmir, e- tenders are invited from the reputed firms/agencies/organizations for providing Diet to Hospital Patients in Government Medical College and Associated Hospital, Rajouri as per the detailed specifications given in the tender document (RFP) and as per the following schedule.

S. No.	Event Description	Date
1.	Issue of RFP (Request for Proposal)	27.05.2021
2.	Proposal due date for receiving of bid.	16.06.2021
3.	Date of Opening of Bid.	17.06.2021

### Conditions:-

- 1) The tender document for the above job can be seen/downloaded on the web site [www.jktenders.gov.in](http://www.jktenders.gov.in).
- 2) The Complete bidding process shall be online. The bidder has to submit their bids online in electronic format with digital signature on web site [www.jktenders.gov.in](http://www.jktenders.gov.in).
- 3) The cost of Tender document shall be in the shape of DD of Rs. 1000/- (Non-refundable) drawn from Jammu and Kashmir Bank or any nationalized bank favoring Chief Accounts Officer, Government Medical College, Rajouri, payable at Rajouri.
- 4) Cost of tender document (in shape of DD) and Affidavit in original should reach in the office of Deputy Director, Planning (Member Secretary), Tendering Committee, Govt. Medical College, Rajouri before due date of submission of bids. Tendering Committee shall not be responsible for any delay due to any reason.
- 5) The Tender Document, Eligibility criteria, Terms and Conditions & other details can be seen/downloaded from the website [www.jktenders.gov.in](http://www.jktenders.gov.in) and [www.gmcrajouri.in](http://www.gmcrajouri.in)

For further details please contact Deputy Director (P&S), Government Medical College, Rajouri, on Contact Number: 9419102520 or e-mail at [ddplggmcranjouri@gmail.com](mailto:ddplggmcranjouri@gmail.com).

  
Principal  
Govt. Medical College  
Rajouri.

No: - GMCR/P&S/09/2021-22/ 131-37

Copy to the: -

Dated:- 22/05/2021

- 1) Financial Commissioner, Health & Medical Education Deptt., Civil Sectt., J&K, for information please.
- 2) Director, information Department, J&K with the request to publish the Tender Notice in at least two leading Newspapers. The cuttings may be sent to this office for confirmation.
- 3) Medical Superintendent, Associated Hospital & GMC, Rajouri for information.
- 4) Chief Accounts Officer, GMC, Rajouri for information.
- 5) Deputy Director, Planning, GMC, Rajouri for information
- 6) District Information Officer, Rajouri, with the request to publish the Tender Notice in the leading local Newspapers. The cuttings may be sent to this office for confirmation.
- 7) In charge website, Govt. Medical College Rajouri ([www.gmcrajouri.in](http://www.gmcrajouri.in)) for information and n.a.



## INTRODUCTION

1. Govt. Medical College, Rajouri intends to provide Diet to Hospital Patients in Associated Hospital of this Government Medical College. The contract shall be valid for a period of **One Year** with further extension on mutual consent.
2. In pursuance to the above, the process of selection of agency/ firm/ organization is carried out in accordance with the Terms of Reference ("TOR") and as per the following.

### **A. Cover 1st ( Technical Cover ) should contain:**

- I. Scanned copy of Tender fees.
- II. Scanned copy of an affidavit on Rupees 50/. Stamp paper duly attested by 1st Class Judicial Magistrate with the effect that
  - a. The document/ catalogue etc. enclosed with the tender are original and genuine and have not been tempered or fabricated.
  - b. The firm/agency/organization has not been blacklisted in the past by any Govt./ Private institution of the country and there is no vigilance/any other case pending against the firm /agency before any investigating agency/Court of Law.
  - c. If anything found wrong at any stage. I will be personally responsible for the same.
  - d. The firm/agency/organization shall abide by all the Terms and Conditions as laid down in the tender document.
  - e. The firm is soliciting this affidavit for the purpose of Diet supply to patients in Associated Hospital of GMC Rajouri.

### **III. Scanned copy of below mentioned documents shall be loaded in the "My Document" area for bidders.**

- a) Valid license from Commissioner Food safety under Food safety and Standard Authority of India (FSSAI) Act.
- b) Valid Certificate of Registration with Labour Department.
- c) GST Registration Certificate.
- d) Certificate of experience in the form of completion certificates, if any.
- e) PAN of the tenderer/ firm/ agency.

Original of the below mentioned documents have to be submitted with the office of Deputy Director (P&S), GMC, Rajouri before the bid opening date.

- a. Tender fee
- b. Affidavit

### **B. Cover 2nd (Financial cover)**

- I. Rates submitted online by the bidders in the BOQ.
- II. The Financial bid of only technically qualified bidders as specified in clause 2 (A) shall be opened.





### Terms of Reference (TOR)

3. The Department invites proposals from interested firms/agencies/organization for providing Diet to Hospital Patients in Government Medical College and Associated Hospital, Rajouri as per the scope of work specified in the TOR. The Department intends to select the firm through an open competitive bidding in accordance with the procedure set out herein. The firm shall also be responsible for all allied arrangements connected for providing Diet to Hospital Patients in Government Medical College and Associated Hospital, Rajouri.
4. The Proposal shall be valid for a period of not less than 120 days from the Proposal Due Date (the "PDD").
5. The Department has adopted a two-stage selection process (collectively the "Selection Process") in evaluating the Proposals comprising Technical and Financial bids. The first ranked Applicant (the "Selected Applicant") shall be called for negotiation, if necessary, while the second ranked Applicant will be kept in reserve.
6. The Department would endeavor to adhere to the following schedule:

Event Description	Date
Issue of RFP	27.05.2021
Last date of receiving queries	14.06.2021
Reply of queries/Pre bid Meeting	15.06.2021
Last date of receiving bid on the website (PDD)	16.06.2021
Date of opening of bid(online)	17.06.2021
Letter of Award	To be notified
Signing of Agreement	

7. Prospective applicants may visit the office of the Deputy Director (P), to review the available documents and data at any time prior to PDD. The contact person for this purpose shall be: Deputy Director (Planning), GMC & AH Rajouri J&K.  
**Email:- ddpplgmcrajouri@gmail.com** **Mob: 9419102520.**
8. A Pre- Bid Meeting can be held on the basis of request made by the interested parties.
9. i) All communications including the submission of Proposal should be addressed to the nodal officer mentioned above. (Please refer clause 7 above).  
ii) All communications, including the envelopes, should contain the following Information, to be marked at the top in bold letters:

#### **REQUEST FOR PROPOSAL (RFP) FOR PROVIDING DIET TO HOSPITAL PATIENTS IN GOVERNMENT MEDICAL COLLEGE AND ASSOCIATED HOSPITAL, RAJOURI.**

##### **10. ACKNOWLEDGEMENT BY APPLICANT**

It shall be deemed that by submitting the Proposal, the Applicant has:

- (a) made a complete and careful examination of the RFP;
  - (b) received all relevant information requested from the Department;
  - (c) Accepted the risk of inadequacy, error or mistake in the information provided in the RFP or furnished by or on behalf of the Department or relating to any of the matters;
  - (d) Satisfied itself about all matters, things and information, necessary and required for submitting an informed Application and performance of all of its obligations thereunder;
  - (e) Agreed to be bound by the undertaking provided by it under and in terms here off.
9. The Department reserves the right to reject any Proposal if:
    - (a) At any time, a material misrepresentation is made or discovered, or
    - (b) The Applicant does not provide, within the time specified by the Department, the supplemental information sought by the Department for evaluation of the Proposal.

(c) Misrepresentation/ improper response by the Applicant may lead to the disqualification of the Applicant. If such disqualification / rejection occurs after the Proposals have been opened and the highest ranking Applicant gets disqualified / rejected, then the Department reserves the right to consider the next best Applicant, or take any other measure as may be deemed fit in the sole discretion of the Department,

including annulment of the Selection Process.

- (d) In case it is found during the evaluation or at any time before signing of the Agreement or after its execution and during the period of subsistence thereof, that one or more of the eligibility conditions have not been met by the Applicant or the Applicant has made material misrepresentation or has given any materially incorrect or false information, the Applicant shall be disqualified forthwith if not yet appointed and if the Selected Applicant has already been issued the LOA or has entered into the Agreement, as the case may be, the same shall, notwithstanding anything to the contrary contained therein or in this RFP, be liable to be terminated, by a communication in writing by the Department without the Department being liable in any manner whatsoever to the Selected Applicant, as the case may be.

10. Applicants are advised that Selection shall be entirely at the discretion of the Department. Applicants shall be deemed to have understood and agreed that the Department shall not be required to provide any explanation or justification in respect of any aspect of the Selection Process or Selection i.e. the decision of Tendering committee shall be final.

**11. NEGOTIATIONS**

The Selected Applicant may, if necessary, be invited for negotiations. The negotiations shall generally not be for decreasing/increasing the price of the Proposal, but will be for re-confirming the obligations of the applicant under this RFP. Issues such as deployment of Personnel, understanding of the RFP, methodology and quality of the work plan shall be discussed during negotiations. In case the Selected Applicant fails to reconfirm its commitment, the Department reserves the right to designate the next ranked Applicant as the Selected Applicant and invite it for negotiations.

**12. COMMENCEMENT OF ASSIGNMENT**

The successful bidder shall commence the assignment within 30 days of the date of the Agreement, or such other date as may be mutually agreed. If the applicant fails to either sign the Agreement or commence the assignment as specified herein, the Department may invite the second ranked Applicant for negotiations. In such an event, the LOA or the Agreement, as the case may be, may be cancelled / terminated and the security deposited shall be forfeited.

**16. FORCE MAJEURE**

A force Majeure means extraordinary events or circumstances beyond human control such as an event described as an ACT OF GOD (Like a natural calamity) or events such as a war, strike, riots crimes( but not including negligence or wrong doing predictable/seasonal rain and any other events specially excluded in the clause). Now withstanding the punitive provision contained in the contract for delay or breach of contract the supplier would not be liable for imposition of any such sanction so long as the delay or failure of the supplier in fulfilling its obligations under the contract is the result of an event covered in the FM clause.

**17. NO BREACH OF AGREEMENT**

The failure of a party to fulfil any of its obligations hereunder shall not be considered to be a breach of, or default under, this Agreement insofar as such inability arises from an event of Force Majeure, provided that the party affected by such an event has taken all reasonable precautions, due care and reasonable alternative measures, all with the objective of carrying out the terms and conditions of this Agreement.

**18. OTHER TERMS AND CONDITIONS:**

- i. Negligence on part of the approved contractor, in any shape shall lead to cancellation of contract without any notice.





- ii. The approved contractor shall prepare the food in hygienic conditions. Team of Officers/Doctors as deputed by Principal, GMC Rajouri shall inspect the place of cooking at any point of time. Proper hygiene of the kitchen, including tiles, serving trolleys etc. shall be maintained by the approved contractors.
- iii. This office shall not be held responsible for any postal delay, Tenders not accompanied with the relevant latest documents and other requisite information at the time of submission of tenders is liable to be rejected at the appropriate level by the competent authority.
- iv. Non supply of eatables/ sudden stoppage will attract a penalty of Rs. 3000/- per day, besides termination of contract without any notice.
- v. The Committee reserves itself the rights to accept or reject any tender or part thereof without assigning any reason and is not bound to accept the rates of lowest tenderer.
- vi. The same person should sign all correspondence letter and documents who has signed the original tender. In case of change to this effect, and affidavit duly attested by the 1st class Judicial Magistrate shall have to be sent in support of the change.
- vii. The bearers shall wear proper uniform at the time of distribution of "eatables" to the patients which shall be "BLUE CAPS WITH BLUE COAT AND PENT".
- viii. The staff engaged should wear proper Dress along with polythene gloves while distributing eatables to the patients for maintain proper hygiene.
- ix. Food and all other allied articles should be fresh and hygienically prepared and served through the staff identified from the purpose under the direct supervision of the Contractor/ Managers. Diet/Food must be provided to the patients in the concerned ward of the hospital as per the prescribed menu/chart.
- x. It shall be responsibility of the successful tenders to keep the eatables clean and wholesome. All the eatables shall be subject to the check by the Hospital Administration. A committee of officers or any other designated staff which will be nominated by the Principal, GMC, Rajouri will have full powers to conduct the examination of the cooking place and edible materials to ensure proper hygienic conditions, quality of food and verifying that edible, items used are fresh and good condition. Their findings will be binding on the tenderer. Proper hygiene should be maintained at the cooking place.
- xi. The approved contractor/bidder shall not involve in any illegal/banned activities under the garb of providing diet to patients.
- xii. Legal proceedings that may arise at any time shall be subject to the Jurisdiction of J&K Courts at Rajouri only.
- xiii. The approved contractor must supply the eatables to the patients as per the prescribed menu and scheduled timings. Non Compliance shall attract the penalty of Rs.1000 per occasion besides termination of contract without any notice.
- xiv. While supplying eatables to the patients all the necessary protocols including Covid-19 SOPs must be followed.

#### **19. OTHER CONDITIONS**

- i. The applicants are advised in their own interest to submit their online bid documents well in advance from last date/time of submission of bids so as to avoid problems which the applicants may face in submission at last moment/ during rush hours.
- ii. Department reserve the right to verify any uploaded documents by the bidder from the issuing authority or through any other agency.
- iii. On opening date, the bidder can login and see the tender opening process.
- iv. In the event two or more tenderers quoting the same bidding amount, preference shall be given to the local candidates and/or having more experiences.
- v. No conditional tender shall be accepted.
- vi. The successful contractor shall enter into an agreement with the Principal GMC/Medical Superintendent of this AH before allotment of the contract.
- vii. In case of failure to abide by the "Terms & Conditions" of the approval, the tender notice and any other term incorporated, contract shall be liable to be terminated with immediate effect.
- viii. Any dispute arising out of this rate contract shall be refer to Administrative Secretary Govt., Health & Medical Education Department, J&K whose decision thereon shall be final and binding upon the parties and no further correspondence/ actions on this accounts shall be made.
- ix. All other conditions as laid down by J&K Financial Rules, Financial Code Vol. 1 & II shall remain in force.
- x. The Selection Process shall be governed by and construed in accordance with the laws of India and the

Courts in Jammu & Kashmir shall have exclusive Jurisdiction over all disputes arising under, pursuant to and/or in connection with the Selection Process.

- xi. The Department, in its sole discretion and without incurring any obligation or Liability, reserves the right, at any time, to:
- (a) Suspend and/or cancel the Selection Process and/or amend and/or supplement the Selection Process or modify the dates or other terms and conditions relating thereto;
  - (b) consult with any Applicant in order to receive clarification or further information;
  - (c) retain any information and/or evidence submitted to the Department by, on behalf of and/or in relation to any Applicant; and/or
  - (d) Independently verify, disqualify, reject and/or accept any and all submissions or other information and/or evidence submitted by or on behalf of any Applicant.

All documents and other information supplied by the Department or submitted by an Applicant shall remain or become, as the case may be, the property of the Department. The Department will not return any submissions made hereunder. Applicants are required to treat all such documents and information as strictly confidential.

The bid shall be deposited in electronic format on website [www.jktenders.gov.in](http://www.jktenders.gov.in) as per the schedule mentioned above. In case of holiday on the date of opening of bid, bids will be opened on the next working day at the same time and venue.

**21. INSTRUCTIONS TO BIDDERS REGARDING E-TENDERING PROCESS:-**

- i. The interested bidder can download the NIT/bidding document from the website [www.jktender.gov.in](http://www.jktender.gov.in).
- ii. To participate in bidding process bidders have to get (DSC) Digital signature certificate as per Information Technology Act 2000 to participate in online bidding. This certificate will be required for digital signing the bid. Bidder can get above mentioned Digital Signature Certificates from any NIC/ Govt. approved vendors. The bidders who already possess valid (DSC) Digital Signature Certificate need not to procure new Digital Signature Certificate.
- iii. **Before submission of line bids, bidders must ensure that scanned copies of all the necessary documents have been attached with the bid (Plz refer Clause 2(A) on page 2<sup>nd</sup> of RFP).**
- iv. The department will not be responsible for delay in online submission of bid whatsoever reasons may be.
- v. The detail of cost of documents etc. specified in the documents should be the same as submitted online (scanned copy) otherwise bid will not be accepted.
- vi. Bidders are advised to use "MY Documents" area in their user on website in e- tendering portal to store important documents etc and attach this certificate as Non statutory documents while submitting their bids.
- vii. Bidders are advised not to make any change in BOQ (Bill of Quantities) contents or its name in no case they should attempt to create similar BOQ manually. The BOQ downloaded should be used for filling the rates inclusive of all taxes and it should be saved with the same as it contains.
- viii. **Bidders are advised to scan their documents at 100 DPI (Dot per Inch) resolutions with black and white PDF scan properly and make sure that the documents uploaded are in readable format. Uploading of the non-legible documents shall be considered as void and the bid shall not be accepted.**
- ix. The guideline for submission of bid online can be downloaded from the website [www.jktender.gov.in](http://www.jktender.gov.in).



- x. Before a formal contract order is placed with the successful contractor. He/ she have to submit an undertaking duly sworn before a First Class Judicial Magistrate for the fulfilment of the contract under the terms and conditions stipulated in the order.
- xi. In the event of substandard quality of food/ services, the contractor will be wholly and solely responsible for any financial or material loss or damage which may result due to the occurrence of such problems. The penalty will be imposed as deemed necessary.
- xii. Successful Tenderer will ensure safe cooking so that no damage is done to the person/institution/property. He/she will be responsible for any damages occurring due to negligence.
- xiii. **If the outdated/unhygienic items are supplied, a fine of Rs. 1000/- will be imposed and after 02 warnings the contract shall be terminated without issuance of any notice.**
- xiv. Non- supply of eatables/ sudden stoppage will attract a penalty of Rs. 1000/- per day besides termination of contract without any notice.
- xv. The successful tenderer has to manage all the facility of Electricity, water and sanitary by his/her own level through his/her own resources and supply the eatables to the patients as per the prescribed menu and scheduled timings.
- xvi. This GMC shall not provide any type of financial assistance/help/space to the approved bidder for kitchen establishment or/and other allied activities.



**Annexure "A"**

**(TO BE TYPED ON A LETTER HEAD OF THE AGENCY)**

**TENDER FORM FOR PROVIDING FOR DIET TO PATIENTS IN ASSOCAITED HOSPITAL, RAJOURI.**

1. Name, address of Firm/Agency/Company: \_\_\_\_\_.
2. Telephone No: \_\_\_\_\_.
3. Registration No (with Lab. Department): \_\_\_\_\_.
4. Name, Designation, Address of the signing person:  
\_\_\_\_\_  
\_\_\_\_\_.
5. PAN no. issued by Income Tax Department: \_\_\_\_\_.
6. Valid License from the Commissioner Food Safety under FSSAI Act. :  
\_\_\_\_\_.
7. Tender fees (Amount in Rupees): \_\_\_\_\_.
8. Demand Draft No: \_\_\_\_\_.
9. Date of issue: \_\_\_\_\_.
10. Name of issuing Bank: \_\_\_\_\_.
11. Any other information: \_\_\_\_\_.

**Declaration by the bidder**

This is to certify that I/we before signing this tender have read and fully understood all the terms and conditions contained herein and undertake myself/ourselves to abide by them.

(Signature of the bidder)





Annexure "B"

(TO BE TYPED ON A LETTER HEAD OF THE AGENCY)  
**UNDERTAKING**

The Principal,  
Govt. Medical College & Associated Hospital,  
Rajouri.

Subject: - Tender for Diet for Patients in Associated Hospital, Rajouri.  
Sir,

1. I/We hereby agree to abide by all terms and conditions laid down in tender document.
2. This is to clarify that/we before signing the bid have read and fully understood all the terms and conditions and instructions contained and undertake myself/ourselves abide by the said terms and conditions.
3. I/We abide by the provision of DGR rates, Contract Labour Act and other statutory provision like Provident Fund Act, ESI Act. Bonus, Gratuity, Leave Relieving charges uniform and Allowance thereof and any other charges applicable from time to time. I/We will pay the wages of the personnel deployed as per DGR rates as amended by the Government from time to time and shall be fully responsible for any violation.

(Signature of the Bidder)  
Name and address of the Bidder



Annexure "C"

(TO BE TYPED ON A LETTER HEAD OF THE AGENCY)  
**UNDERTAKING/ LETTER OF ACCEPTANCE**

Sir,

- a. I/we do agree for all clauses, terms and conditions of the tender documents.
- b. I/we agree to abide the contract for a period of one year to provide the services from the date of award of the contract which may be extended on mutual consent.
- c. I/we declare that no legal/ financial irregularities involving the Proprietor/ Partner of the applicants (s) / firm are pending.
- d. I/we declare that our financial position is sound and we are competent to execute the contract.
- e. I/we declare that we will not ask/ expect any financial assistance for the Govt. of Jammu and Kashmir Union Territory.
- f. I/ We undertake that we will not stop the supply of eatables to the patients in the Hospital for whatsoever the reasons.

(Signature with Seal)





## Disclaimer:

The information contained in this Request for Proposal document ("RFP") or subsequently provided to Applicants, whether verbally or in documentary or any other form by or on behalf of the Department or any of its employees or advisers, is provided to applicants on the terms and conditions set out in this RFP and such other terms and conditions subject to which such information is provided.

This RFP is not an agreement or an offer by the Department to the prospective Applicants or any other person. The purpose of this RFP is to provide interested parties with information that may be useful to them in the formulation of their Proposals pursuant to this RFP. This RFP includes statements, which reflect various assumptions and assessments arrived at by the Department in relation to the said job. Such assumptions, assessments and statements do not purport to contain all the information that each Applicant may require. This RFP may not be appropriate for all persons, and it is not possible for the Department, its employees or advisors to consider the objectives, technical expertise and particular needs of each party who reads or uses this RFP. The assumptions, assessments, statements and information contained in this RFP, may not be complete, accurate, adequate or correct. Each Applicant should, therefore, conduct its own investigations and analysis and should check the accuracy, adequacy, correctness, reliability and completeness of the assumptions, assessments and information contained in this RFP and obtain independent advice from appropriate sources.

Information provided in this RFP to the Applicants may be on a wide range of matters, some of which may depend upon interpretation of law. The information given is not intended to be an exhaustive account of statutory requirements and should not be regarded as a complete or authoritative statement of law. The Department accepts no responsibility for the accuracy or otherwise for any interpretation or opinion on the law expressed herein.

The Department, its employees and advisers make no representation or warranty and shall have no liability to any person including any Applicant under any law, statute, rules or regulations or tort, principles of restitution or unjust enrichment or otherwise for any loss, damages, cost or expense which may arise from or be incurred or suffered on account of anything contained in this RFP or otherwise, including the accuracy, adequacy, correctness, reliability or completeness of the RFP and any assessment, assumption, statement or information contained therein or deemed to form part of this RFP or arising in any way in this Selection Process.

The Department also accepts no liability of any nature whether resulting from negligence or otherwise however caused arising from reliance of any Applicant upon the statements contained in this RFP.

The Department may in its absolute discretion, but without being under any obligation to do so, update, amend or supplement the information, assessment or assumption contained in this RFP.

The issue of this RFP does not imply that the Department is bound to select an Applicant or to appoint the Selected Applicant, as the case may be, for the assignment and the Department reserves the right to reject all or any of the Proposals and to annul the Selection Process without assigning any reasons whatsoever.

The intending Applicant shall bear all its costs associated with or relating to the preparation and submission of its Proposal including but not limited to preparation, copying, postage, delivery fees, expenses associated with any demonstrations or presentations which may be required by the Department or any other costs incurred in connection with or relating to its Proposal. All such costs and expenses will remain with the Applicant and the Department shall not be liable in any manner whatsoever for the same or for any other costs or other expenses incurred by an Applicant in preparation or submission of the Proposal, regardless of the conduct or outcome of the Selection Process.

Note: Department means GMC & AH Rajouri.



## Annexure "D"

**Rates to be offered, inclusive of all taxes charges, (in electronic Form Only) for the items pertaining to Group Diet to the Indoor Patients**

S. No.	Name of the Item	Rates Offered
1.	Dal {Mung, Arhar (Whole), Mash, Massar, Dal Mixed, Green Peas, Channa Black & Rajmash} Cooked & Fried in 10 Grams fat containing 50 grams of uncooked raw Dal per plate (Any Dal Daily as per Menu)	
2.	Rice (Rattna Basmati) per plate, cooked 150 grams /plate.	
3.	Vegetables cooked & fried per plate with gravy (Uncooked 75 grams) (Gourd, Pumpkin, Cauliflower, Cabbage, Brinjal, Peas, Spinach, Ladyfinger, Kol NoL (Karm), Turnip, Potato, Beans etc. (Any seasonal vegetable daily as per Menu) with 10 grams of cooking fat.	
4.	Soya bean (Nutri 50 grams uncooked) with Gravy containing 10 grams cooking fat.	
5.	Paneer (Fresh) Curry per plate containing 50 grams uncooked Paneer with 5 grams cooking fat.	
6.	Butter 10 grams, wrapped in Butter paper of reputed brands.	
7.	Bread Slice per piece including charges of wrapping of 4 slices.	
8.	Sugar 10 grams in Polythene bag, duly sealed.	
9.	Chapatti Wheat flour including charges of wrapping (in Silver paper) of 4/2 chapattis weighing 30 grams each Chapatti.	
10.	Egg Hen boiled.	
11.	Paneer (Fresh) 25 grams to be served in a wrapped paper./	
12.	Tonned Milk ( ½ ltr pack ) Branded (Amul/Verka/Surya or any brand of repute)	
13.	Tonned Milk ( 1 ltr pack ) Branded (Amul/Verka/Surya or any brand of repute)	

(An increase of 10% shall be allowed every year.) (Taxes as applicable under rules shall be permitted)

*[Handwritten signature]*

*[Handwritten signature]*

*[Handwritten signature]*



## Diet Schedule

<b>GENERAL DIET</b>			
<b>BREAK FAST</b>		I.	Milk 500 ml
		II.	Eggs boiled 1 Nos.
		III.	Bread Slice 4 Pcs
<b>LUNCH</b>		I.	Rice per plate containing 60 gms (uncooked rice )
		II.	Chappati 30 gms each 4 nos.
		III.	Vegetables Cooked 1 Plate (uncooked 75 gms)
		IV.	Dal 1 Plate uncooked 50 gms
<b>DINNER</b>		I.	Rice per plate containing 60 gms (uncooked rice )
		II.	Chappati 30 gms each 4 nos.
		III.	Vegetables Cooked 1 Plate (uncooked 75 gms)/ Paneer Curry 1 Plate consisting of 50gms uncooked paneer
		IV.	Dal 1 Plate uncooked 50 gms
<b>0-6 Months</b>			
<b>Six Months to two years</b>		Milk	= 1 Lt.
		Bread	=2 Slices
		Egg	=One
<b>Two Years to Five Years</b>		Milk	= 1 Lt.
<b>Milk Diet</b>		Bread	=4 Slices
		Egg	=One
<b>BREAK FAST</b>		Milk	= 500ml.
		Bread	=2 Slices
		Egg	=One (boiled)
<b>LUNCH</b>		Rice	= Half Plate
		Dal	= Half Plate
		Vegetable	= Half Plate
		Chapati	=1 No.
<b>DINNER</b>		Chapati Dal	=2 Nos.
		Vegetable	= Half Plate
		Rice	= Half Plate
<b>5 years to 14 years</b>			
<b>Full Milk Bread Diet.</b>		Milk	= 1Lt.
		Bread	=8 Slices
		Egg	=Two (boiled)
<b>OR</b>			
<b>ADULT DIET</b>			
<b>BREAKFAST</b>		Milk	= 500ml.
		Bread	=4 Slices
		Egg	=One (boiled)
<b>LUNCH</b>		I.	Rice per plate containing 60 gms (uncooked rice )
		II.	Chappati 30 gms each 4 nos.
		III.	Vegetables Cooked 1 Plate (uncooked 75 gms)
		IV.	Dal 1 Plate uncooked 50 gms
<b>DINNER</b>		I.	Rice per plate containing 60 gms (uncooked rice )
		II.	Chappati 30 gms each 4 nos.
		III.	Vegetables Cooked 1 Plate (uncooked 75 gms)/ Paneer Curry 1 Plate consisting of 50gms uncooked paneer
		IV.	Dal 1 Plate uncooked 50 gms

*Handwritten signature*

**Note:-**

1. Sugar (20gms) with each 500ml of Milk.
2. For vegetarian patients twenty five grams of Paneer properly wrapped in a wrapping paper in place of one boiled egg at breakfast.
3. Quality seasonal vegetable should be provided by rotation. One vegetable would not be cooked more than two times in a week out of the following vegetables:-  
Gourd, Pumpkin, Cauliflower, Cabbage, Brinjal, Peas, Spinach, Lady Finger, Kol Noli (Karam), Turnip, Potato, Beans etc.
4. Quality dal (pulses) should be provided by rotation. One dal would not be cooked more than two times in a week out of the following dals:-  
Moong, Mash dal, Mix dal, Mong dal whole, Chana white, Chana black, Rajmash etc.
5. There must be a gap of at least one day in providing the same eatables to the patients. For example particular (dal/vegetable/rice etc.) given on Monday must not be given on Tuesday.
6. Panner item (uncooked 50 gms) along with dal, rice and chapattis shall be provided to the patients on at least 03 days a week in place of vegetable. Moreover, Soyabean (Nutri uncooked 50 gms) shall be provided once in a week.
7. Extra Diet Items can be given only on the recommendations of the Head of the Unit concerned which are:-  
Egg boiled, Chapatti, Sugar, Bread Slice, and Paneer.
8. For specialized patients i.e. patients having undergone surgery etc. or patients required specialized diet like khichdi, kehwa, soup etc. the diet so provided shall be as per the recommendation of the concerned Doctor and/or Dietician.